

## December Menu for Summit Tamalpais (Strong Start (hot))

Mon, 28	Tue, 29	Wed, 30	Thu, 01	Fri, 02
<input type="checkbox"/> PAN DULCE, WHOLE GRAIN <input type="checkbox"/> HONEY NUT SCOOTERS CEREAL	<input type="checkbox"/> ULTIMATE BREAKFAST ROUND <input type="checkbox"/> YOGURT WITH MUFFIN BRK	<input type="checkbox"/> MARSHMALLOW MATEYS CEREAL	<input type="checkbox"/> EGG & CHEESE BREAKFAST SAND BRK <input type="checkbox"/> HARD BOILED EGG & MUFFIN BRK <input type="checkbox"/> HONEY NUT SCOOTERS CEREAL	<input type="checkbox"/> YOGURT WITH GRAHAM BRK <input type="checkbox"/> FROSTED MINI SPOONERS CEREAL
Mon, 05	Tue, 06	Wed, 07	Thu, 08	Fri, 09
<input type="checkbox"/> PAN DULCE, WHOLE GRAIN <input type="checkbox"/> BLUEBERRY MINI SPOONERS CEREAL	<input type="checkbox"/> SWEET POTATO CINNAMON ROLL 3OZ <input type="checkbox"/> BUTTERMILK BAR <input type="checkbox"/> MARSHMALLOW MATEYS CEREAL	<input type="checkbox"/> SUNBUTTER & JELLY SANDWICH BRK <input type="checkbox"/> HONEY NUT SCOOTERS CEREAL	<input type="checkbox"/> MELTED CHEESE SANDWICH <input type="checkbox"/> BENEFIT BAR OATMEAL CHOC CHIP <input type="checkbox"/> STRAWBERRY MINI SPOONER CEREAL	<input type="checkbox"/> YOGURT WITH MUFFIN BRK <input type="checkbox"/> FROSTED MINI SPOONERS CEREAL
Mon, 12	Tue, 13	Wed, 14	Thu, 15	Fri, 16
<input type="checkbox"/> CINNAMON ROLL 3 OZ GREAT EARTH <input type="checkbox"/> HONEY NUT SCOOTERS CEREAL	<input type="checkbox"/> PANCAKES & SYRUP BRK <input type="checkbox"/> YOGURT WITH MUFFIN BRK <input type="checkbox"/> MARSHMALLOW MATEYS CEREAL	<input type="checkbox"/> ULTIMATE BREAKFAST ROUND <input type="checkbox"/> STRAWBERRY MINI SPOONER CEREAL	<input type="checkbox"/> COFFEE CAKE <input type="checkbox"/> HARD BOILED EGG & MUFFIN BRK <input type="checkbox"/> BLUEBERRY MINI SPOONERS CEREAL	<input type="checkbox"/> BENEFIT BAR FRENCH TOAST <input type="checkbox"/> HONEY NUT SCOOTERS CEREAL
Mon, 19	Tue, 20	Wed, 21	Thu, 22	Fri, 23
<input type="checkbox"/> YOGURT WITH GRAHAM BRK <input type="checkbox"/> HONEY NUT SCOOTERS CEREAL	<input type="checkbox"/> HAM & EGG MELT SANDWICH BRK <input type="checkbox"/> BENEFIT BAR OATMEAL CHOC CHIP <input type="checkbox"/> STRAWBERRY MINI SPOONER CEREAL	<input type="checkbox"/> ULTIMATE BREAKFAST ROUND <input type="checkbox"/> MARSHMALLOW MATEYS CEREAL	<input type="checkbox"/> SWEET POTATO CINNAMON ROLL 3OZ <input type="checkbox"/> BUTTERMILK BAR <input type="checkbox"/> HONEY NUT SCOOTERS CEREAL	<input type="checkbox"/> CINNAMON ROLL 3 OZ GREAT EARTH <input type="checkbox"/> BAGEL W/CREAM CHZ&JELLY BRK
Mon, 26	Tue, 27	Wed, 28	Thu, 29	Fri, 30